

**2019 Edition Safety Activity Checkpoints (SAC)
Change Memo – Important Changes to 2019 Edition
2019 Edition Revised @ 4/2/2019**

The Safety Activity Checkpoints (SAC) 2019 Edition has been updated to reflect the following material changes:

Removed the Introduction and replaced it with the specific safety categories that will *apply to all Girl Scouting activities*:

- Safety Standards & Guidelines
- Understanding which Activities are Not Permitted
- Chartered Aircraft Trips and Aviation
- Other Actions Girls Should Not Take
- First Aid
- Overall Health, Well Being and Inclusivity

Under the Safety Standard of Adult Supervision: Provided the adult-to-girl ratio requirement for troop meetings as a separate and different requirement to adult-to-girl ratios for outings, activities, travel and camping.

New Activities Added

- Pocket knife and Jackknife
- Slingshot
- Tools – Hand and Power
- Log Rolling (under inflatables)

Amusement Parks – added county fairs, carnivals and pop-up carnivals

Canoeing – Clarified “one of” these, not all: at least one adult instructor or guide should be American Canoe Association (ACA) Canoe Level 1 Instructor or higher; *OR* ACA Paddle Sports Safety Facilitator in canoeing; *OR* American Red Cross (ARC) Small Craft Safety Certified-Canoeing; *OR* ARC Lifeguarding with Waterfront Module; – *OR* have the *demonstrated equivalent experience* of such credentials.

Also – if using lifeguards to oversee canoeing, confirm that they have the proper training, experience, and rescue equipment for the body of water and the specific watercraft involved.

Computer Use – added Internet Pledge to Table of Contents

Camping – required: at least one adult has been trained by your council in camping

Climbing and Rappelling – Added caveat about not using helmets with belay when experts advise against it. This may be the case with certain climbs due higher risk of injury using a helmet, than not.

Fishing – several material changes including an “Ice Safety Quiz” for Ice Fishing

Hayrides – drivers of hayride tractors must be, minimally, 21 years of age

Horseback Riding – several material updates to content

Indoor Trampoline – added several updates; cleanliness and sanitation noted to protect health

Inflatables – added several updates and content including the addition of log rolling

Outdoor Cooking – required: at least one adult is trained in outdoor cooking by your council

Off Shore Water Vessels – included tour boats, airboats, pontoon boats. Addresses amphibious boats known as Duck Boats and these are not recommended (reasons provided).

Paddling and Rowing – always use helmets when provided and when recommended by instructor or hosting organization. Girls must use helmets for Class IV rapids.

Parades/Large Gatherings – added back in as an Activity Chapter (removed from Miscellaneous). Added specific language about not leaning over edges or dangling legs and arms over a moving float during a parade.

Pocket knife and Jackknife – included a Pocketknife Safety Pledge

Sailing – included Brownies as permitted.

Scuba – added material activity content shared by Central Texas council scuba program

Shooting Sports – this category is now referred to as **Target Sports**

Surfing – material content updated. Girls must pass a swim test. (A swim test with verification form for documenting “passed swim test” is now provided in the Swimming Chapter)

Skating (ice and roller) – added back in as an Activity Chapter; added material content and provided an “Ice Safety Quiz” for skating on frozen lakes (taken from Ice Fishing chapter)

Swimming – added a Swim Test and verification of passing Swim Test form for councils to use to meet documented Swim Test requirement. For quick access, provided a link to the Swim Test throughout Safety Activity Checkpoints where “swim test” is referenced.

Travel – added several updates and content including: Girl Scout Guide to U.S. Travel is linked; Travel Progression chart provided; Confirm travel advisory level for the country via the U.S. State Department’s Bureau of Consular Affairs; AirBnB and private rentals are permitted when specific steps are taken prior to using private rentals.