

# Sweet Starters Journal

## Making a journal:

- The girls will make a journal to write their goals inside.
- Each girl will receive string/yarn and two pieces of cardstock already whole punched with three holes on one side.
- Put white paper inside the journal (hole punched)
- Markers and crayons are needed for the girls to decorate their journal.

After you receive all the materials, the girls will tie the yarn through the holes of the card stock and paper and decorate the outside to create their journal for the finished product.