



Girl Scouts of West Central Florida
Health Examination Form
For Girls and Adults

This Health Examination Form should be carried with the troop/group at all times. See Volunteer Essentials, and Safety Activity Checkpoints, as indicated under each activity for information about health examinations.

Please Print

Name: Date of Birth: Age: Troop #:

Name of Parent/Guardian (or Spouse):

Home Address: City: Zip:

Business Address: City: Zip:

Daytime Phone: Evening Phone:

If unavailable in an emergency, notify:

1. Name: Phone:

Address: Relationship to girl:

2. Name: Phone:

Address: Relationship to girl:

Health History

Medical Conditions:

- Asthma
Bed wetting
Behaviorial/mental health concerns
Bleeding/clotting disorders
Diabetes
Hearing impairment
Heart disease
High blood pressure
Fainting
Learning/cognitive delay
Musculoskeletal disorders
Prior hospitalization
Prior serious injury
Prior surgery
Seizures
Sleep disturbances
Speech impairment
Visual impairment
Other:

Allergies:

- Animals
Food
Carries epipen
Knows how to self-administer epipen
Insect stings
History of anaphylaxis
Medications
Seasonal
Takes allergy medication
Other environmental
Other:

Special Dietary Needs:

- Egg allergy
Gluten intolerant/ceciac
Lactose intolerant
Peanut/tree nut allergy
Vegetarian
Vegan
Other:

Please elaborate on any positive responses (attach addendum if necessary).

Four horizontal lines for providing additional information.

Health History, Continued

Medications/Vitamins/Supplements

Please list any medications, vitamins, or supplements including their doses and frequency.

Will the parent/guardian be sending medication(s)? Yes No Only if applicable

Medications must be in the original container/prescription container which includes the patient's name and medication instructions. Only send enough medication for the length of the activity. All instructions must be reviewed with the troop leader or first aider in advance of the activity.

Provider Information

Name of family physician/psychologist: _____ Phone: _____

Do you carry family medical/hospital insurance? Yes No

If yes, indicate carrier: _____ Policy or Group #: _____

Note: Your family insurance is primary coverage.

Immunization History

Please indicate your girl's immunization status.

No routine immunizations have been received.

Some routine immunizations have been received. Which ones: _____

All routine immunizations have been received.

Activities

Please initial the following statements as applicable.

____ My child may take part in swimming activities.

____ Ear drops (alcohol/vinegar solution) may be administered after swimming.

____ My child should be restricted from or have accommodations made for the following activities: _____

____ My child will have their own sunscreen.

____ I understand that sunscreen will not be provided.

Additional comments: _____

Important: The following section must be completed for participation.

This health history is correct so far as I know, and the person herein described has permission to engage in all activities except as noted by me.

COVID-19 Precaution

COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. As with any social activity, participation in Girl Scouts could present the risk of contracting COVID-19. While Girl Scouts of West Central Florida takes every safety and preventative precaution, Girl Scouts of West Central Florida can in no way warrant that COVID-19 infection will not occur through participation in council programs. I accept full responsibility for my/my child's decision regarding safety protocols and exposure to COVID-19 risks, such as choosing not to wear masks or social distance regardless of my COVID-19 vaccination status.

Parent/Guardian Signature

Date

Adult/Volunteer Release & Waiver of Liability and Indemnity Agreement

PLEASE READ CAREFULLY. THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT YOU ARE RELEASING GIRL SCOUTS OF WEST CENTRAL FLORIDA FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFOR

Acknowledgment of Volunteer Status

As a volunteer, I acknowledge and agree I am not an employee of Girl Scouts of West Central Florida. I acknowledge and agree that I will not receive any compensation or benefit for my participation in volunteer Programs, nor will I be eligible for any coverage under the Workers' Compensation laws of Florida.

Signature of Volunteer/adult: _____ Date: _____

Print Name: _____

Assumption of Risk

I acknowledge and agree that any use of Girl Scouts of West Central Florida facilities, services, equipment and premises ("Facilities") and any participation in Girl Scouts of West Central Florida programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease including, without limitation, COVID-19. I voluntarily accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs I, the undersigned, agree that Girl Scouts of West Central Florida, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by myself, my family members, dependents, or guests, including minors, however occurring including, but not limited to the negligence of Releasees. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, I agree to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any minors.

Signature

Name (Print Clearly)

Date

Minor Participant Waiver, Release, Indemnification of All Claims & Covenant Not to Sue

NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN: READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF GIRL SCOUTS OF WEST CENTRAL FLORIDA USES REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM GIRL SCOUTS OF WEST CENTRAL FLORIDA IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND GIRL SCOUTS OF WEST CENTRAL FLORIDA HAS THE RIGHT TO REFUSE TO LET YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

Assumption of Risk

I, in my legal capacity as the parent/guardian of the minor named below ("Minor"), acknowledge and agree that any use of Girl Scouts of West Central Florida facilities, services, equipment and premises ("Facilities") and any participation in Girl Scouts of West Central Florida programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease including, without limitation, COVID-19. I voluntarily, for myself and Minor, accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of Minor's use of Facilities and participation in Programs I, in my legal capacity as parent/guardian of Minor, agree on behalf of myself and Minor that Girl Scouts of West Central Florida, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by Minor, however occurring including, but not limited to, the negligence of Releasees. I understand that Minor and I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

I further agree, in my legal capacity as the parent/guardian of Minor, on behalf of Minor, myself, and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which Minor, myself, and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, disease or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to, the negligence of Releasees.



In further consideration of the use of Facilities and participation in Programs, I, in my legal capacity as parent/guardian of Minor, agree on behalf of myself and Minor to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs.

Minor Name (Print Clearly)

Date

Parent/Guardian Signature

Parent/Guardian Name (Print Clearly)