

Walking Tacos

There are so many things that make a camping trip so fun (especially when it's with your camp-loving Girl Scout sisters), like getting to make a campfire or sleep in a sleeping bag.

No matter who you are, though, we all love getting to make special camp foods!

One of our favorites is the walking taco!



If you want to make your own, here is what you need to get started.

Ingredients:

- Chips (usually Doritos or Fritos, mini bags are fun, but regular-sized bags of chips work just fine!)
- Refried or Black beans
- Taco seasoning
- Shredded cheese (cheddar, Monterey Jack, Colby jack, Mexican blend, whatever you have!)
- Your preferred toppings (What do you eat on your regular tacos? You can add all of that into a walking taco!)
 - Sour cream
 - Vegetables (tomatoes, lettuce, avocado, whatever you like!)
 - Salsa, queso, guacamole, etc.

How - to:

Feel free to click the photo to see an in-depth explanation on how to create your own walking taco, but in short, you can follow these simple instructions:

1. Usually, walking tacos are made with ground beef. Another healthy and affordable way to make walking tacos is with beans instead. Refried beans are great, but black beans work as well. Warm your beans up in a pan with taco seasoning, the same way you would cook taco meat.
2. Open up your bag of chips. If you don't have individual bags, you can put a handful or two of chips on a plate or in a bowl and can construct your walking taco there the same way.
3. Once your beans are warmed up and seasoned, scoop and put them on top of your chips.
4. After adding your beans, add your shredded cheese.
5. Then let your culinary artistry take over! Add whatever extra toppings you have in whatever order you prefer.

Another great thing about walking tacos is that you can make them even when you are not at camp! You can follow all of these same exact steps at home and make them just as well. If you can't find your way to a campsite anytime soon, have a camp food dinner night with your family and let everyone make their own walking tacos!

Show us your walking tacos by using the hashtag #GirlScoutsAtHome and tagging us on Instagram, Tiktok, or Facebook!