

Polk County Resource Guide

<u>GS Level and Badge or Journey</u>	<u>Location and Contact Information</u>	<u>Description of Location</u>
Brownie Fair Play My Best Self	Skate World Lakeland 863-687-6447 Website	Skate World offers a kids skate for free program. Sign up online for kids 12 years old or younger to receive 2 free roller skating sessions.
Junior Get Moving! Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		
Brownie Fair Play My Best Self	Skate Zone Auburndale 863-965-1480 skatezoneinc@gmail.com Website	Enjoy roller skating fun during open skate sessions and special events. Discount coupons are available online.
Junior Get Moving Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		

Brownie Fair Play My Best Self	<p>The Lakeland Center Lakeland Erica Smith 863-834-8100 Website</p>	<p>They offer Ice Skating in July, during Thanksgiving week, and the last 2 weeks in December. Costs are \$10.00 per adult and \$9.00 per girl and includes skate rental.</p>
Junior- Get Moving! Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		
Brownie Fair Play My Best Self	<p>AMF Lakeland Lanes Lakeland 863-646-5791 Website</p>	<p>Register online for 3 FREE games of bowling per day for kids 15 years old or younger during the summer.</p>
Junior- Get Moving! Practice with Purpose Staying Fit		
Cadette-Good Sportsmanship		
Senior-Cross-Training		
Ambassador-Coaching		
Brownie Fair Play My Best Self	<p>Orange Bowl Lanes Lakeland 863-858-3878 Website</p>	<p>Bowl on Sunday and enjoy special, discounted Beat the Clock pricing.</p>
Junior Get Moving! Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		

Brownie Fair Play My Best Self	Cypress Lanes Winter Haven 863-294-3295 Website	Offering many special bowling opportunities such as Rockin' Bowl, Beat the Clock, Dollar Nights, and Quartermania.
Junior Get Moving! Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		
Brownie Fair Play My Best Self	First Frame Bowling Lake Wales 863-949-4818 Website	Register girls at kidsbowlfree.com to receive 2 free games of bowling daily, all summer long! Every Monday, ALL DAY, they offer \$1 games and \$1 shoes!
Junior Get Moving! Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		
Brownie Hiker Fair Play	Polk County Bicycle Trails Fort Fraser Trail Chain of Lakes Trail Auburndale TECO Trail James A. Van Fleet State Trail	<ul style="list-style-type: none"> • The Van Fleet State Trail, on one of Florida's most rural rails-to-trails, is a 29.2 mile paved multi-use trail with a trail head in Polk City. Walkers, rollerbladders, and horseback riders are common sights along this trail. • The Fort Fraiser Trail, another multi-use trail, runs 7.75 miles between Lakeland and Bartow. <ul style="list-style-type: none"> • The TECO Auburndale Trail is a 5.5 mile paved multi-use trail with an abundance of wildlife. • The Chain of Lakes trail is 3.2 miles of paved trails beginning in the downtown area of Winter Haven.
Junior Practice with Purpose		
Cadette Good Sportsmanship Trailblazing		
Senior Adventurer Cross-Training		

Brownie Snacks Senses	Sweet Magnolia's Tea Bistro Auburndale 863-965-1684 Website	On Mondays enjoy a free kids meal for each paying adult or schedule a special Sprinkles and Tea Group Package or Glitter and Glam Group Package.
Junior Social Butterfly		
Cadette Eating for Beauty New Cuisines		
Ambassador Dinner Party		
Brownie Snacks Senses	The Twisted Teapot Winter Haven 863-299-5000	New to Winter Haven this is a lovely tea room with a delicious menu and child pricing.
Junior Social Butterfly		
Cadette Eating for Beauty New Cuisines		
Ambassador Dinner Party		
Brownie Pets	Humane Society of Polk County Winter Haven 863-324-5227 Website	Troops can call ahead to schedule a shelter tour, pet education workshop, story time, or Paws to Read program.
Junior Animal Habitats		
Cadette Animal Helpers		
Senior Voice for Animals		
Brownie Pets	SPCA Florida Lakeland 863-577-4608 Martha Lee , Community Program Coordinator Website	They provide 2 hour group tours (15 girl max) that include a presentation, video, tour, and service project. Call in advance to schedule.
Junior Animal Habitats		
Cadette Animal Helpers		
Senior Voice for Animals		

Brownie Pets	Petworld Auburndale Shelly 863-967-1898 Website	Call in advance to schedule a store tour and a workshop on pet care.
Junior Animal Habitats		
Cadette Animal Helpers		
Senior Voice for Animals		
Ambassador Water		
Brownie Bugs	Papa's U-Pick Strawberries and Produce Polk City John 863-559-3136	This U-pick farm is open all year and schedules group tours. In the summer enjoy picking strawberries, herbs, and peas.
Junior Gardener		
Cadette Eating for Beauty		
Senior Locavore		
Ambassador Water		
Brownie Bugs	Ridge Island Groves Haines City 863-422-0333 info@ridgeislandgroves.com Website	Please call ahead to schedule a group tour which includes orange picking. Restrooms are available.
Junior Gardener		
Cadette Eating For Beauty		
Senior Locavore		
Ambassador Water		
Brownie Bugs	Shady Oaks Fruit Farm Lakeland Retta 863-512-1547	This farm is open all year and offers group tours, refreshments, and a picnic area.
Junior Gardener		
Cadette Eating for Beauty		
Senior Locavore		
Ambassador Water		
Brownie Bugs	University of Florida- Citrus Research and Education	Please call in advance to arrange tours, workshops, and time in the research labs. Group size is limited

Junior Gardener	Center Lake Alfred Sarah White, Education Outreach 863-956-8632 Website	to 12 or fewer.
Cadette Eating for Beauty		
Senior Locavore		
Ambassador Water		
Brownie Bugs	Florida's Natural Grove House Lake Wales 863-679-4110 Website	Enjoy exhibits about the area's history, horticulture, packaging, and the weather that impacts the Florida area. Watch an animated video where oranges explain why Florida's Natural is great! A theater presentation offers a virtual tour from grove to glass. You can also enjoy an outdoor self-guided tour through the orange groves around the property. A typical Grove House visit is about 2 hours long.
Junior Gardener		
Cadette Eating for Beauty		
Senior Locavore		
Ambassador Water		
Cadette Good Sportsmanship	Camp Gilead Polk City Jean Wright 863-984-1253 Website	This property offers a FREE family fun day in March. They also have many other activities throughout the year, such as Sand volleyball, a nature trail, pedal cart course, putt-putt gold, creation critters zoo, gym and game pavilion, waterfront, and ball fields. Please call ahead for availability and pricing.
Senior Cross-Training		
Ambassador Water		
Senior Sky	Sun n Fun Fly In inc. Lakeland 863-644-2431 Website	Make a reservation for a one-hour docent led museum tour. The museum will give the girls history of flight and Florida aviation, has many planes to see, Howard Hughes exhibits, simulators, and more. You can even arrange for a speaker to come to your meeting!
Ambassador Photographer		
Junior Entertainment Technology	Cobb--Grand 10 Theatre Winter Haven 863-292-0527 Website	Enjoy FREE summer movies with your troop! Shows start at 10am every Tuesday, Wednesday, and Thursday during the summer, with doors opening at 9:30am. Only same day ticketing is available. They do offer discount popcorn and soda combos for groups of 25 or more that were ordered and paid by one person.
Cadette Screenwriter		
Senior Traveler		

Junior Entertainment Technology	Cobb--Lakeside 18 & IMAX Lakeland 863-937-0416 Website	Free Summer Movies for Kids Shows start at 10am every Tuesday, Wednesday and Thursday. Doors open at 9:30am. Same day ticketing only. Discount Popcorn and Soda combo for groups of 25 or more-ordered and paid by one person.
Cadette Screenwriter		
Senior Traveler		
Junior Entertainment Technology	Theatre Cinemark Lakeland Square Mall and XD Lakeland 863-859-3140 1078@cinemark.com Website	Become part of their 10 movie Summer Movie Clubhouse series. It includes one movie per week at the cost of \$1 per movie per person or get a discount by paying \$5 for the series per person in advance.
Cadette Screenwriter		
Senior Traveler		
Junior Entertainment Technology	Silver Moon Drive-In Lakeland 863-682-0849 Website	This outdoor movie venue shows first run movies at the low cost of \$1.00 for kids ages 4-9 and \$5.00 for ages 10 and older.
Cadette Screenwriter		
Senior Traveler		
Brownie Painting	Painting with a Twist Lakeland 863-646-0238 Website	Fun-For-All-Painting classes are available Saturday mornings and other days when school is out. Please call ahead to reserve spaces.
Junior Drawing		
Cadette Collage		
Senior Sky		
Brownie Painting	Paint Along Studios Geovany Guevara 863-409-5771 Website	Girls can enjoy painting classes on Saturdays from 10am - 12 noon, Tuesdays through Thursdays from 12noon to 2pm with additional summer and holiday vacation times. Please call ahead to reserve spaces.
Junior Drawing		
Cadette Collage		
Senior Sky		

Brownie Celebrating Community	Polk County History Center Bartow Shelly Drummond 863-534-4386 shellydrummond@polk- county.net Website	Learn the history of Polk County's pioneer period, industry, judicial system and citizenship, or family geneology. The center has rotating exhibits and educational programs. Architectural tours are available the third Saturday of each month at 11am and Family Fun Day is the second Saturday of each month. Call for more information.
Junior Inside Government		
Cadette Finding Common Ground		
Senior Behind the Ballot Truthseeker		
Ambassador Public Policy		
Brownie Inventor	Frank Lloyd Wright-Sharp Family Tourism and Education Center Lakeland 863-680-4597 flw@flsouthern.edu Website	This facility is the largest single-site collection of Frank Lloyd Wright architecture in the world. The education center has permanent displays of photographs, furniture, and drawings by Wright, as well as visiting exhibits. Group tours, either self-guided or docent led, are available. Open Monday-Sunday 9:30am-4:30pm. Please call ahead to arrange tours.
Junior Product Designer		
Cadette Entrepreneur		
Senior Social Innovator		
Brownie Painting	Polk Museum of Art Lakeland 863-688-7743 Website	Call for information about FREE family/group art workshops and FREE docent led tours.
Junior Drawing		
Cadette Comic Artist		
Senior Collage Sky		
Ambassador Photographer		
Brownie (varies depending on workshop, program, or event)	Exploration V Children's Museum Lakeland 863-687-3869 http://explorationsv.com/	This museum was created for kids! It has 3 floors of kid-powered, hands-on exhibits and mind-stretching programs in the arts and sciences to celebrate the five senses! They have special Girl Scout events, exhibits to rent, exhibits in a trunk, field trip workshops, and much more!
Junior (varies depending on workshop, program, or event)		

Brownie Bugs	Mulberry Phosphate Museum Mulberry 863-425-2823 Website	This museum has a phosphate gallery, railroad gallery, fossil gallery, outdoor exhibit, special shark week event, as well as other special events.
Junior Flowers		
Cadette Eating for Beauty Trees		
Senior Locavore		
Ambassador Dinner Party		
Brownie Fair Play My Best Self	American Water Ski Educational Museum Polk City Tracy Matiss 863-324-2472 Website	This facility houses the Water Ski Hall of Fame, a museum and archives, the International Water Ski & Wakeboard Hall of Fame, and a championship ski lake! It also contains a wealth of sports memorabilia for water ski and boating enthusiasts of all ages.
Junior Practice with Purpose Staying Fit		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Water		
Junior Playing the Past	Lake Wales Little Theatre Lake Wales Leslie Grondin , Theatre Board Member and Girl Scout Member 863-528-5899 Website	Contact this theatre for a listing of upcoming kids shows and auditions. They also have community service work available for your girls!
Cadette Public Speaker Screen Writer		
Senior Troupe Performer		
Ambassador Photographer		
Junior Playing the Past		
Cadette Public Speaker Screen Writer	Polk Theatre Lakeland Laura Milton 863-682-7553(ext. 1001) Website	In addition to their special events and movie schedules, this theatre offers tours for all ages for groups of 5-12. Please call ahead to make arrangements.
Senior Troupe Performer		
Ambassador Photographer		
Brownie Dancer		

Junior Playing the Past	Education Director: Molly Judy 863-299-2672 TWHAcademy@aol.com Website	learning Stagespeak, playing theatre games, and much more! Please call to schedule a tour/workshop.
Cadette Public Speaker Screen Writer		
Senior Troupe Performer		
Ambassador Photographer		
Brownie Computer Expert	Polk County Library Cooperative Multiple Library Locations 863-519-7958 Website	Offerings vary by library but may include children's storytime, movies at your library, summer programs, kids korner, teen scene, Lego club, 3-D printing, free computer access, and volunteer opportunities. Go to the website for more information.
Junior Scribe		
Cadette Book Artist		
Senior Novelist		
Brownie Inventor	Lowe's Home Improvement Multiple Locations Website	Lowe's offers FREE classes where children build a different wooden project each month and take home for free. Classes are held on select Saturdays from 10am – 11am and you will need to go online to register in advance.
Junior Product Designer		
Cadette Woodworker		
Senior Room Makeover		
Brownie Fair Play	Family Fun Center Lakeland 863-644-1728 Website	The girls in your troop might enjoy the fun play area, arcade games, adventure golf, lazer maze challenge and more at this fun center. This center also offers Sensational Sunday for children with special needs and their families to come and explore and discover Funtasia during hours that are set apart just for them.
Junior Practice with Purpose Entertainment Technology		
Cadette Good Sportsmanship		
Senior Cross-Training		
Ambassador Coaching		

Brownie My Best Self Snacks	Outback Steakhouse Winter Haven 863-295-9800 Lakeland 863-858-9468 Ask to speak to the proprietor Website	Call ahead to schedule a Joey Tour! A Joey Tour includes a behind the scenes restaurant tour, making a bloomin onion, and more!
Junior Simple Meals		
Cadette New Cuisines		
Senior Locavore		
Ambassador Photographer		
Brownie My Best Self Snacks	Great American Cookies Lakeland 863-859-2900 Website	This is a fun opportunity for your girls to learn a bit about cookies and have fun decorating their own cookie! The cost is \$5.00 per girl and you will need to call ahead to make arrangements.
Junior Simple Meals		
Cadette New Cuisines		
Senior Locavore		
Ambassador Photographer		
Brownie My Best Self Snacks	CiCi's Pizza Multiple Locations Owner: Scott Bailey 863-293-9292	This fun-filled restaurant pizza tour includes making your own pizza. Please call ahead to schedule a group tour at any one of their many locations.
Junior Simple Meals		
Cadette New Cuisines		
Senior Locavore		
Ambassador Photographer		

Brownie Hiker Bugs	Bok Tower Gardens Lake Wales Claire Thorne 863-676-1408 Website	The girls can enjoy learning about nature and some Florida history in this beautiful setting. Bok Tower Gardens offers special Girl Scout pricing if you book in advance and register online. The special Girl Scout pricing is \$3.00 per girl and \$7.00 per adult.
Junior Gardener Flowers		
Cadette Trees		
Senior Sky		
Ambassador Photographer Water		
Brownie Hiker Bugs	Polk County State Parks Allen David Broussard Catfish Creek Preserve State Park 863-696-1112 Lake Kissimmee State Park 863-696-1112 Colt Creek State Park 863-815-6761 Website	Enjoy the Florida sunshine at any one of the state parks or visit the website for more information about opportunities for fishing, hiking, exploring, etc.
Junior Flowers Gardener		
Cadette Trailblazing Trees		
Senior Adventurer Water Sky		
Ambassador Photographer		
Brownie Hiker Bugs	Circle B Bar Reserve Lakeland 863-668-4673	This center is home to Polk's Nature Discovery Center and offers FREE educational workshops for all ages. You can view their calendar of events and activities online.
Junior Flowers Gardener		
Cadette Trees		
Senior Sky		
Ambassador Photographer Water		



All Levels

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Take your scout to the lanes! Price includes 2 games of bowling per week, basic bowling instruction, end-of-club tournament, and bowling patch. Cost is **\$6 a week for 8 weeks**. Starts **February 28th at 2 pm**.