

## How-To Hobbies

Staying at home doesn't have to be boring. There are so many things we can do to keep busy and enjoy our time spent. Think about some activities you like to do and how you can turn that into a hobby!

Below you will find numerous hobbies with instructions so that you can try it out.

### Gardening:

Let's use a sunflower seed for this example.

You will need a planting pot, soil, seeds, and craft sticks.

**Step 1:** Fill plant pot with soil until it is almost at the top

**Step 2:** Place the sunflower seeds in the soil and blanket them with soil. It is recommended to place a couple of seeds in case a couple do not sprout

**Step 3:** Water your plant. Be sure not to overwater it where the seed can drown or too little where the seed will dry. Make sure the soil is always moist.

**Step 4:** Use the craft stick to write the name of the plant (in this case, sunflower) and place it in the soil. This step is optional!

Congratulations! You have successfully planted your seeds.

Here is a video on how to plant a sunflower

<https://www.youtube.com/watch?v=bsEjlr2bh48>



### Origami:

You will need a 6-inch square origami paper.

**Step 1:** Fold the paper in half by folding the top corner to the bottom corner. You should have an upside-down triangle

**Step 2:** Fold part of the top down so that the edge is about halfway down. Don't make this flap too thin because this will become the wings

**Step 3:** Turn the paper over

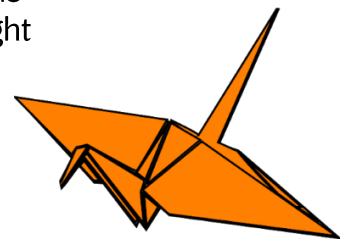
**Step 4:** Take the bottom corner of the top layer and fold it upwards

**Step 5:** Fold the figure in half by folding the left side over to the right

**Step 6:** Fold that same flap back to make one of the wings

**Step 7:** Push the center of the head in and flatten

And just like that, you've made an origami bird!



Here is the link with pictures

<https://www.origamiway.com/easy-origami-bird.shtml>

**Paint Tape Art:**

You will need a canvas (or anything you want to paint on), paint, paintbrushes, and tape.

**Step 1:** To create your own design, you want to put tape on the canvas in different directions

**Step 2:** Begin painting the areas that are **NOT** taped. If you get paint on the tape, no problem! That is what it's there for.

**Step 3:** Once you have painted the blank spaces, slowly peel off the tape

Hang your masterpiece up on your wall!

Here is a video with an example

<https://www.youtube.com/watch?v=4NcfWizTOOY>

**Soccer:**

You don't have to be a professional soccer player to get outside and kick the ball around!

**Step 1:** Grab a soccer ball

**Step 2:** Set up two goals on the ends of your backyard (it can be anything, get creative!)

**Step 3:** You can kick the ball alone or invite your family to play a game with you!

Here is a link with some soccer drills to help you practice your skills

<https://www.youtube.com/watch?v=4ERmmge-8GM>



Be sure to share your fun new hobby with us by using the hashtag #GirlScoutAtHome and #WeAreFamily