

“Hike” in a circle

As Girl Scouts, we leave a place the same (or even better) than we found it. That is what “low impact” or “leave no trace” living means. Everything you do in the outdoors affects the environment in some way. Minimal impact skills are actions you take to live with the environment without harming it. One way to practice our low impact living is by observing a spot in nature without touching or disturbing it. Any girl anywhere can observe nature by going on a “hike” in a circle. And you only need a few materials to do it!

Items you will need:

- Paper or Composition book to record your findings
- Markers/crayons/colored pencils
- Pipe cleaners/ribbon/yarn – anything you can use to make a circle outside!
- Magnifying glass (if you have one)

What you will do:

Place your circle of pipe cleaner in the grass.

Sit quietly for a few minutes and observe only what is inside your circle.

Look closely, are you missing anything?

Some things you might see:

dirt/sand grass flowers bugs leaves sticks



Then, spend a few minutes drawing a picture of what you observed. Label your drawing, or list your findings at the bottom of your page.

You can always revisit your circle to double check you haven't forgotten anything.

Share your findings with friends and neighbors online.

Let us know what you find on your hike by sharing on TikTok or Instagram and tagging us @gswcf and using the hashtag #GSSoakUpTheSun