

# Conserving Water and Energy

<p><b>Make sure faucets are turned all the way off</b></p>	<p><b>Use a filtered water pitcher/water bottle or fridge</b></p>	<p><b>Recycle old batteries</b></p>	<p><b>Use a reusable water bottle</b></p>	<p><b>Use a reusable plastic or metal straw</b></p>
<p><b>Only run a FULL dishwasher</b></p> <p><b>*saving up to 320 gallons of water a year</b></p>	<p><b>Turn off the faucet while you scrub your hands</b></p>	<p><b>Fill your cup of water half - way</b></p> <p><b>*get more when you need it instead of wasting what you don't drink</b></p>	<p><b>Reuse old bottled water for plants/lawn</b></p>	<p><b>Turn off the faucet while your brush your teeth</b></p> <p><b>*you can save 8gallons per day when brushing 2x a day</b></p>
<p><b>Reuse a plastic bag</b></p>	<p><b>Turn off the shower while you shampoo/condition your hair</b></p>	<p><b>FREE ECO FRIENDLY SPACE</b></p>	<p><b>Wash fruits/vegetables in a bowl of water - not a running faucet!</b></p>	<p><b>Turn off the faucet while you scrub dishes</b></p>
<p><b>Take a 5-minute shower instead of a bath</b></p>	<p><b>Sort your recyclables from your trash</b></p>	<p><b>Pick up any trash/litter in your neighborhood</b></p>	<p><b>Use your own reusable bag at the grocery store</b></p>	<p><b>Take shorter showers!</b></p>
<p><b>Turn off lights when leaving the room</b></p>	<p><b>Reuse cooking water to water plants/the garden</b></p> <p><b>*no salt - this water is full of starch and nutrients</b></p>	<p><b>Turn off the faucet while you wash your face</b></p>	<p><b>Unplug any electronics/appliances that aren't in use</b></p>	<p><b>Skip the Straw!</b></p>

**Be sure to follow us on TikTok, share your ideas with us @ gswcf, and use the hashtag #GirlScoutsAtHome!**