

# Girl Scouts of West Central Florida

## PATCH PROGRAM

### Attitude of Gratitude!

Showing appreciation and gratitude for volunteers is a must. After all, your **volunteers are AMAZING and Girl Scouting wouldn't be the same without them!** This patch program will help girls to learn what appreciation is, what helpers do and how to show them appreciation in both large and small ways through the 3 keys of Discover, Connect, and Take Action.



### Daisies, Brownies, & Juniors

DISCOVER	CONNECT	TAKE ACTION
Complete the required activities 1 and 2. Then choose one activity from 3-6.	Complete the required activities 1 and 2. Then choose one activity from 3-6.	Choose 2 activities from 1-4
<ol style="list-style-type: none"> <li>1. What is appreciation?</li> <li>2. What is a volunteer?</li> <li>3. With the help of an adult, look up and learn how to say "Thank you" in 3 different languages.</li> <li>4. Make a "Thank you" card for a troop volunteer. <a href="#">Visit the website for ideas and templates.</a></li> <li>5. Think about your troop volunteers. What makes them special? How can you show them you appreciate them and make them feel special every time you see them?</li> <li>6. Research or ask someone what is volunteer appreciation month? When is it? Can you think of an idea to celebrate it?</li> </ol>	<ol style="list-style-type: none"> <li>1. Why is it important to show appreciation to the people who help us?</li> <li>2. Who is a volunteer for your troop? What do they do?</li> <li>3. Brainstorm 2-3 unique or creative ways you can thank a volunteer that speak to their personal contributions or interests. Pick one and do it.</li> <li>4. Create a poster or banner that describes or shows how much you appreciate your volunteers and give it to them or hang it at your meeting space.</li> <li>5. Create a "coupon book" of things your volunteers do. Pick one once in a while and help them with it.</li> <li>6. Brainstorm what are some ways you could celebrate volunteer appreciation month?</li> </ol>	<ol style="list-style-type: none"> <li>1. Make "An Amazing Girl Scout Volunteer lives here" yard sign and place it in a volunteer's yard as a surprise (or get creative and promote your volunteer another way of your choice!)</li> <li>2. Make a "Thank You" SWAP and present it to a volunteer.</li> <li>3. With an adult's help, nominate a volunteer for a Girl Scout Adult Award (Nominations taken between March and April, yearly) at <a href="#">Adult Volunteer Awards &amp; Recognition</a></li> <li>4. Perform a Random Act of Kindness in a volunteer's honor. Take a photo to show him/her what you did and why.</li> </ol>

For program information, contact [info@gswcf.org](mailto:info@gswcf.org) or call the Customer Care team at 813-281-4475. Patches are available free WHILE SUPPLIES LAST.

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### *Attitude of Gratitude!*

#### Cadettes, Seniors, & Ambassadors

DISCOVER	CONNECT	TAKE ACTION
<p><b>Complete the required activity</b>  <b>1. Then choose two activities from 2-5</b></p>	<p><b>Complete the required activity</b>  <b>1. Then choose two activities from 2-5.</b></p>	<p><b>Complete the required activity</b>  <b>1. Choose two activities from 2-5</b></p>
<p>1. Write a letter, poem, song, or create art to show how Girl Scout volunteers have made a difference to you.</p> <p>2. Create a “coupon book” of the things your volunteers do. Pick one once in a while and help them with it.</p> <p>3. Learn about the Girl Scout Adult Awards and Recognitions available to volunteers (<a href="#">Adult Volunteer Awards &amp; Recognition</a>). Which one could you nominate a volunteer to receive?</p> <p>4. Research what types of appreciation are most effective and when appreciation is most effective.</p> <p>5. What are different ways to show appreciation for your volunteers that don’t involve buying something? Pick 1 and do it.</p>	<p>1. Chat with a Girl Scout volunteer about their favorite parts of being a GS volunteer. Go a step further and ask questions such as: Why did you become a volunteer? What can be challenging?</p> <p>2. Create a word cloud (Wordle.net) with positive words that describe a chosen volunteer and present it to them.</p> <p>3. Create a banner or poster that describes how much you appreciate your troop volunteers.</p> <p>4. Brainstorm 2-3 unique or creative ways you can show appreciation to volunteers. Pick one and do it.</p> <p>5. Make a special effort to thank and show appreciation to a volunteer at least once a week for a specified period of time.</p>	<p>1. Find a quote about gratitude that speaks to you. Post it in a place you will see it for daily inspiration. Also, post it in at least 1 place where others will be inspired by it.</p> <p>2. Plan and complete a service project in the volunteers' honor. What ways can you incorporate things they like, or work with a cause or organization that is special to them?</p> <p>3. Celebrate Vol. Apprec. Month by hosting an appreciation event for volunteers who have helped your troop.</p> <p>4. Nominate a volunteer for a Girl Scout Adult Volunteer Award (Nominations taken between March and April, yearly) at <a href="#">Adult Volunteer Awards &amp; Recognition</a></p> <p>5. Create a troop “Volunteer of the Month” program to show appreciation all year.</p>

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