# Camp Wai Lani Overnight Summer Camp

# Packing List and Tips for

# Half-week, week-long and CIT sessions.

#### Packing tips:

- 1. Pack with your camper. It's important that she knows what is packed and where. This will alleviate a lot of stress when she is searching for an item as she will be familiar with where it is packed.
- 2. For younger campers (and any who don't want to stress over the daily "what to wear"), it's a good idea to pack each day's outfit in a zippy bag or packing cube. Be sure to pack extra in case of accidents or other needs. If packing in zippy bags or packing cubes, remind your camper to NOT put dirty clothes back in them. This creates an unpleasant at-home unpacking experience.
- 3. Portable is better. Trunks, Rubbermaid containers or large gym bags are best. Don't forget the laundry bag for dirty laundry. Suitcases with wheels are not recommended as camp is extremely sandy and may cause damage to suitcase zippers and wheels.
- 4. Rain showers are a daily occurrence in the summer. Ponchos and rain jackets are much better than umbrellas at camp. We will be outside in the rain often.
- 5. Campers are limited to 2 bags, one containing their bedding. Pillows and day packs can be separate.
- 6. Campers will store their belonging beside their beds. Space is limited.
- 7. Put your camper's name on EVERYTHING.
- 8. Please remember that all personal items are your camper's responsibility and the camp is not liable for any theft, loss, or damage to personal belongings. It's safest to leave valuable and irreplaceable things at home.
- 9. Please leave at home: Digital music players, e-readers, cell phones, smart watches with data, perfumes, makeup, clothing that cannot get dirty, hair dryers, snack food and candy and/or gum. If a camper is found with these items, they will be confiscated by a staff member and available for parent pick-up at check-out.
- 10. Lost and Found will be kept at camp until August 31st. Items not claimed will be donated or repurposed for camp use.

## Packing List:

(Limit to two bags, including bedding)

### **Clothing:**

- T-shirts (1 for each day plus 1 extra)
- Shorts/leggings (1 for each day plus 1 extra)
- Pajamas (2 pairs suggested)
- Underwear (1 for each day, plus extra as needed)
- Bras (as needed)
- Socks (1 for each day plus extra)
- Swimsuit (2 recommended)
- 2 pairs of sturdy, closed-toe and close heal shoes (no Crocs)
- 1 pair of water shoes that cover toes and affix to feet (no Crocs)
- 1 pair of shower/pool shoes (crocs, flip flops, ect)
- Hat
- Bandana
- Rain poncho or jacket

#### Equipment

- Water bottle
- Mess kit (durable plastic or metal dish kit including plate, fork, spoon and bowl with mesh bag for storage)
- Backpack or day pack (drawstring bags not recommended)
- Flashlight with extra batteries
- Journal and letter-writing materials
- Sunglasses

### **Health & Medications (as needed):**

- Prescription medications (turned into health center at check-in)
- Inhalers
- Epi-pens
- Glasses
- Contacts, contact solution and case
- Retainers

### **Linens & Personal Hygiene:**

- Shower towels (2 minimum)
- Pool towels (2 minimum, separate from shower towels)
- Washcloths
- Soap
- Deodorant
- Shampoo
- Toothbrush
- Toothpaste
- Floss
- Sunscreen (will be applied several times daily, if packing aerosol, please pack extra)
- Insect repellant
- Chap stick
- Small caddy or bag for toiletries
- Brush/comb
- Hair bands, clips and ponytail holders
- Feminine hygiene products (as needed)
- Twin-size sheets
- Blanket and/or sleeping bag
- Pillow
- Laundry bag

#### **Optional:**

- Camera (no phones)
- Books for turtle time
- Stuffed animal/doll
- Money/Council credits for camp trading post
- Pre-addressed, stamped envelopes or post cards to mail to family